

LOCAL OFFICE ON AGING



IN COLLABORATION WITH



Some of the non-perishable food items our elderly neighbors need (no glass containers, please check expiration dates):

- Soup
- Crackers
- Ramen Noodles
- Canned Meats (such as Tuna, Chicken, Vienna Sausages)
- Canned Vegetables
- Canned Fruit
- Peanut Butter/Jelly
- Oatmeal/Cream of Wheat
- Cereal/Cereal Bars
- Carnation Instant Breakfast
- Ensure/Boost

Low-salt, nutritious items are preferred.



WHY: Millions of seniors in our nation live at or below the poverty line. Help provide a hot meal on a cold day and remind thousands of seniors in need that the community has not forgotten them. Especially at a time like this, when seniors are more isolated from their friends and family than ever.

HOW IT WORKS: Start collecting items in January through your church, school or other organization.

WHEN: February 7–8 from 9am to 5pm

WHERE: Church of St. Peter and St. Paul

4909 N. Lake Drive, Roanoke, VA 24019

FEBRUARY 5-6

Black Dog Salvage will kick off the collection on at 902 13th Street SW. Stop by with a donation of at least \$10 worth of food and receive a coupon for 10% off any eligible purchase!

FEBRUARY 1-8 Drop-off sites

- All First Bank locations (formerly Bank of Fincastle)
- Vistar Eye Center locations:
 - 3320 Franklin Road, Roanoke
 - 70 Summerfield Court, Roanoke
 - · 426 West Main Street, Salem
- Salem Library
- Vinton Library







For those who may be unable to drop off items in person, monetary contributions are accepted and appreciated to buy shelf-stable items and support seniors nutritional needs. To make a donation, please visit www.loaa.org/services/critical-assistance/soup-for-seniors/ or call 540-345-0451.